



A taste of the continent arrives at Bridgend.

MENUS

A La Carte Menu

Tapas Menu

Lunch Specials Menu

Evening Specials Menu

Tonight's Specials Menu

STARTERS

Fresh Mussels	£7.50
<i>Steamed with white wine and cream sauce or in tomato & chilli sauce</i>	
Scallops	£9.95
<i>Fresh scallops pan fried in white wine & garlic.</i>	
King Prawns	£9.95
<i>Two King Prawns sautéed in olive oil, garlic & chilli.</i>	
Asparagus With Parma Ham	£6.45
<i>Asparagus tips, pan fried in lemon butter and Parmesan shavings.</i>	
Garlic Mushrooms ✓	£5.45
<i>Sliced button mushroom pan fried in garlic olive oil & herbs.</i>	
Home made Soup of the Day ✓	£4.95
<i>Please ask for availability. Served with fresh bread.</i>	
Crispy white Bait	£5.45
<i>Whitebait coated in breadcrumbs, deep fried.</i>	
Grilled Portuguese Sardines	£6.95

MAIN COURSE

8oz Fillet Steak	<i>Char-grilled</i>	£23.95
10oz Sirloin Steak	<i>Char-grilled</i>	£18.95
12oz Ribeye Steak	<i>Char-grilled</i>	£19.95
16oz Tbone Steak	<i>Char-grilled</i>	£21.95

All steaks cooked to your liking, served with roasted cherry tomatoes & salad garnish

Steak & Chorizo kebab	£16.95
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Marinated meat and chorizo served with roasted vegetables

Welsh rack of lamb	£18.95
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cooked in a red wine and rosemary reduction sauce cooked to your liking.

Lamb Kebab	£16.95
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Marinated leg of lamb served with roasted vegetables

Pollo Riojana	£14.95
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Pan fried chicken strips in Spanish Chorizo, peppers, Rioja wine & tomato.

Pan Fried Chicken Breasts with choice of sauces	£13.95
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- Pepper sauce	
- Mushroom with white wine & cream	£2.45
- Bacon, herbs & white wine cream	

Selection of Sauces for Steaks

- Black Pepper: peppercorns, onion, brandy & cream.	
- Dijon Sauce: Dijon mustard, onions & cream.	
- Picante: mixed olives, chilli flakes, onions, capers, red wine & tomato.	
- Wild Mushrooms: wild mushrooms, onions, red wine & cream.	£2.45
- Garlic Cream: garlic onions & cream.	
- Dolcelatte sauce: Dolce blue cheese, onions, stock & cream.	

Sides;

Bruchetta	£3.25
Garlic Bread	£2.45
Garlic Bread with cheese	£2.95
Marinated mix Olives	£2.95
French Bread	£1.95
Bread and Dips	£2.50

Certain dishes may contain traces of nuts

Please inform us of any food allergies or special dietary requirements & we will be happy to accommodate you



A LA CARTE MENU

FISH

Spicy Red Snapper	£16.95
<i>Fillet of Snapper served with chilli, herbs & tomato sauce.</i>	
Swordfish Steak & Mussels	£16.95
<i>Pan fried swordfish cooked on tomato and herbs sauce.</i>	
Sea bass – in white wine & garlic	£18.95
<i>Filletted crispy skin in white wine & garlic sauce</i>	
Sea bass	£19.95
<i>cooked in rock salt</i>	
Monkfish	£18.95
<i>Cooked in mushroom, prawns & cream sauce.</i>	
Lemon sole	£18.95
<i>Filletted Lemon Sole cooked in a lemon and herb sauce.</i>	
Salmon	£16.45
<i>Pan cooked, crispy skin, white wine, fresh asparagus & cream sauce.</i>	
King Prawns	£18.95
<i>Cooked with onions, garlic, parsley with chilli flakes & white wine</i>	

All mains served with choice of potatoes & fresh vegetables



A LA CARTE MENU

PASTA & VEGETARIAN

Pasta Brava	£11.95
<i>Freshly cooked Fusilli pasta with chorizo, peppers and home made tomato chilli sauce.</i>	
Pasta Poco Poco	£11.95
<i>Freshly cooked Tagliatelle pasta with mushroom, white wine, bacon white wine & cream sauce.</i>	
Tortellini	£11.95
<i>Cooked in a salmon, prawn, tomato, white wine & cream sauce.</i>	
Fusilli Pasta V	£9.95
<i>Cooked with mixed vegetables in a homemade tomato sauce.</i>	
Wild Mushroom Stroganoff V	£11.95
<i>Mushroom Stroganoff served with rice.</i>	
Vegetable Risotto	£10.95
<i>Cooked with season vegetables with saffron & finished with cream</i>	

Gluten Free Pasta Available

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TAPAS MENU



TAPAS MENU

- 1 - Patatas Bravas V** £4.95
Pan fried potatoes with homemade tomato & chilli sauce.
- 2 - Pinchos de Pollo** £5.95
Chicken & Chorizo kebabs with a chilli sauce.
- 3 - Gambas** £5.95
Pan cooked prawns in white wine & garlic.
- 4 - Pork Medallions** £5.95
Cooked in white wine and garlic
- 5 - Champinones Con Tocino** £4.95
Pan fried mushrooms with smoked bacon & white wine garlic sauce.
- 6 - Champinones con Gambas** £5.95
Pan fried mushrooms with prawns & white wine and garlic sauce
- 7 - Croquetas** £4.95
Home made fish cakes in a sweet chilli sauce.
- 8 - Calamaris Fritos** £5.95
Deep fried rings of squid coated in seasoned flour served with Alioli.
- 9 - Pescado Frito** £4.95
Deep fried cod strips in light butter & tartar sauce
- 10 - Albondigas** £5.25
Traditionally made with mince meat, onions & garlic, served in tomato sauce.
- 11 - Tortilla V** £4.75
Sliced potatoes with egg, fresh thyme & onion, baked.
- 12 - Ensalada de Queijo & Tomate** £4.95
Tomato & mozzarella slices with fresh pesto
- 13 - Alitas de Pollo PiriPiri** £4.95
Marinated chicken wings, spiced with chillies, garlic, parsley & herbs.
- 14 - Datiles Salads** £5.45
Fresh dates wrapped in smoked bacon and char-grilled, served on a mixed leaf salad.
- 15 - Pastinacas Fritas V** £4.75
Deep fried parsnip crisps with a chilli tomato sauce.
- 16 - Champinones Poco Poco** £4.45
Stuffed mushroom with ham & cheese.
- 17 - Chorizo Espanol** £5.95
Spicy Spanish sausage, pan fried with potatoes in a tomato sauce.

Breads V

- Bruschetta - £3.25
- Garlic Bread - £2.45
- El Pan Con Salsa - £2.50
- Marinated mix Olives -£2.95

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STARTERS

Soup of the day ✓

Garlic mushrooms ✓

Homemade fishcakes

Spanish meatballs

Mussels in white wine & garlic

Spicy chicken wings

Duck & Orange Pate with toast

MAINS

All mains come with a choice of sauté potatoes or chips

Sirloin Steak with creamy pepper sauce

Pork loin in red wine & mushroom

Turkey in garlic & chilli

Chicken in mushroom & cream

Steak & Chorizo Kebab with roasted vegetables

Chicken in tomato & chorizo

Cod in lemon & herb

Salmon in sundried tomato

Whole rainbow trout

Trio of fish in tomato

Fusilli Pasta ✓

Mushroom stroganoff ✓



LUNCH SET MENU

MONDAY - SAT

STARTER & MAIN

£11.95

MAIN & DESSERT

£12.95

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STARTERS

Soup of the day ✓

Garlic mushrooms ✓

Homemade fishcakes

Spanish meatballs

Mussels in white wine & garlic

Spicy chicken wings

Duck & Orange Pate with toast

Crispy fish goujons

MAINS

All mains come with a choice of sauté potatoes or chips

Sirloin Steak with creamy pepper sauce

Pork loin in red wine & mushroom

Turkey in garlic & chilli

Chicken in cream & bacon

Lamb Kebab with roasted vegetables

Chicken in creamy pepper sauce

Deep fried cod

Salmon in garlic & prawns

Whole rainbow trout

Fusilli Pasta ✓

Mushroom stroganoff ✓



EVENING SET MENU

MONDAY - THU

STARTER & MAIN

£13.95

MAIN & DESSERT

£14.95

3 COURSES

£16.95

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