



A taste of the continent arrives at Bridgend.

# MENUS

A La Carte Menu

Tapas Menu

Lunch Specials Menu

Evening Specials Menu

## STARTERS

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<b>Home Made Soup of the Day</b>	£4.95
<i>Please ask for availability. Served with fresh bread.</i>	
<b>Fresh Mussels</b>	£6.95
<i>Steamed with white wine and cream sauce or in tomato &amp; chilli sauce</i>	
<b>Scallops</b>	£8.95
<i>Fresh scallops pan fried in white wine &amp; garlic.</i>	
<b>King Prawns</b>	£8.95
<i>Two King Prawns sautéed in olive oil, garlic &amp; chilli.</i>	
<b>Asparagus With Parma Ham</b>	£5.95
<i>Asparagus tips, pan fried in lemon butter and Parmesan shavings.</i>	
<b>Garlic Mushrooms V</b>	£4.95
<i>Sliced button mushroom pan fried in garlic olive oil &amp; herbs.</i>	
<b>Duck &amp; Orange Paté</b>	£4.95
<i>Smooth Paté on salad bedding and fresh toast.</i>	
<b>Mixed Seafood</b>	£5.95
<i>Mussels, squid and prawns cooked in white wine &amp; garlic</i>	

## MAIN COURSE

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*All steaks cooked to your liking, served with roasted cherry tomatoes & salad garnish*

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<b>8oz Fillet Steak</b>	£22.95
<i>Char-grilled to your liking.</i>	
<b>10oz Sirloin Steak</b>	£17.95
<i>Char-grilled to your liking.</i>	
<b>12oz Ribeye Steak</b>	£18.95
<i>Char-grilled to your liking.</i>	
<b>16oz T-Bone Steak</b>	£20.95
<i>Char-grilled to your liking.</i>	
<b>Rack of welsh Lamb</b>	£17.95
<i>Char-grilled lamb cutlets in red wine &amp; fresh mint reduction.</i>	
<b>Lamb Kebab</b>	£15.95
<i>Marinated leg of lamb served with roasted vegetables</i>	
<b>Pollo Riojana</b>	£14.45
<i>Pan fried chicken strips in Spanish Chorizo, peppers, Rioja wine &amp; tomato.</i>	
<b>Pan Fried Chicken Breasts with choice of sauces</b>	£13.95
- <i>Pepper sauce</i>	
- <i>Mushroom with white wine &amp; cream</i>	
- <i>Bacon, herbs &amp; white wine cream</i>	
<b>Roasted Duck Breast</b>	£15.95
<i>Pan cooked, served in an orange and Cointreau sauce.</i>	
<b>Selection of Sauces for Steaks</b>	£2.45
- <i>Black Pepper: peppercorns, onion, brandy &amp; cream.</i>	
- <i>Dijon Sauce: Dijon mustard, onions &amp; cream.</i>	
- <i>Picante: mixed olives, chilli flakes, onions, capers, red wine &amp; tomato.</i>	
- <i>Wild Mushrooms: wild mushrooms, onions, red wine &amp; cream.</i>	
- <i>Garlic Cream: garlic onions &amp; cream.</i>	
- <i>Dolche Late: Dolche Late, onions, stock &amp; cream.</i>	



# A LA CARTE MENU

### LUNCH SPECIALS

MON - SAT

2 COURSES £10.95

### EVENING SPECIALS

MON, TUE, WED, THU

2 COURSES £12.95

3 COURSES £15.95

## FISH

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<b>Spicy Red Snapper</b> <i>Fillet of Snapper served with chilli, tomato &amp; herb sauce.</i>	£16.95
<b>Swordfish Fish Steak</b> <i>Cooked to your liking in a white wine, garlic &amp; herb sauce.</i>	£15.95
<b>Sea bass – in white wine &amp; garlic</b> <i>Cooked in white wine &amp; garlic sauce.</i>	£18.95
<b>Sea Bass – in Rock Salt</b> <i>Whole Sea Bass baked in rock salt, filleted at your table by your waiter.</i>	£18.95
<b>Monkfish</b> <i>Pan cooked in a white wine, mushroom, prawn &amp; cream sauce.</i>	£17.95
<b>Salmon</b> <i>Pan cooked, skin up Salmon in a cream, white wine &amp; asparagus sauce.</i>	£15.45
<b>Lemon Sole</b> <i>Filleted Lemon Sole cooked in a lemon and herb sauce.</i>	£17.95
<b>King Prawns</b> <i>Cooked in a garlic, chilli &amp; white wine sauce.</i>	£17.95
<b>Cod Steak</b> <i>Pan cooked, skin up Cod served with roasted vegetables.</i>	£14.95

All mains served with choice of potatoes & fresh vegetables

## PASTA & VEGETARIAN

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<b>Pasta Brava</b> <i>Freshly cooked Fusili in a Chorizo, peppers and home made tomato and chilli sauce.</i>	£22.95
<b>Pasta Poco Poco</b> <i>Freshly cooked Tagliatelle pasta in a mushroom, white wine, bacon &amp; cream sauce.</i>	£17.95
<b>Ravioli</b> <i>Cooked in a salmon, prawn, tomato, white wine &amp; cream sauce.</i>	£18.95
<b>Fussili Pasta V</b> <i>Fresh pasta cooked with mixed vegetables in a home made tomato sauce.</i>	£20.95
<b>Wild Mushroom Strogonoff V</b> <i>Filed mushroom Strogonoff served with rice.</i>	£15.95
<b>Garlic Mushrooms V</b> <i>Sliced button mushroom pan fried in garlic olive oil &amp; herbs.</i>	£4.95

**Gluten Free Pasta Available**



# A LA CARTE MENU

### LUNCH SPECIALS

MON - SAT

2 COURSES £10.95

### EVENING SPECIALS

MON, TUE, WED, THU

2 COURSES £12.95

3 COURSES £15.95

Certain dishes may contain traces of nuts

Please inform us of any food allergies or special dietary requirements & we will be happy to accommodate you

# TAPAS MENU



## TAPAS MENU

### LUNCH SPECIALS

MON - SAT

2 COURSES £10.95

### EVENING SPECIALS

MON, TUE, WED, THU

2 COURSES £12.95

3 COURSES £15.95

<b>Patatas Bravas V</b>	£4.95
<i>Sliced potatoes in home made tomato &amp; chilli sauce.</i>	
<b>Pinchos de Pollo</b>	£5.95
<i>Chicken &amp; Chorizo kebabs with a chilli salsa.</i>	
<b>Gambas</b>	£5.95
<i>Pan cooked prawns in white wine &amp; garlic.</i>	
<b>Pinchos de Pescado</b>	£5.95
<i>Fish and prawns kebabs with lemon &amp; olive oil dressing.</i>	
<b>Champinones Con Tocino</b>	£4.95
<i>Pan fried button mushrooms with smoked bacon and white wine garlic sauce.</i>	
<b>Champinones con Gambas</b>	£5.95
<i>Selection of shellfish and squid sliced onions, peppers and olive oil and white wine vinegaredressing</i>	
<b>Croquetas</b>	£4.95
<i>Home made fish cakes in a sweet chilli sauce.</i>	
<b>Calamaris Fritos</b>	£5.95
<i>Deep fried rings of squid coated in seasoned flour served with Alioli.</i>	
<b>Pescado Frito</b>	£4.75
<i>Fresh dates wrapped in smoked bacon and char-grilled, served on a mixed leaf salad.</i>	
<b>Albondigas</b>	£5.25
<i>Traditionally made with pork mince, onions &amp; garlic, served in tomato sauce.</i>	
<b>Tortilla V</b>	£4.75
<i>Sliced potatoes with egg, fresh thyme &amp; onion, baked.</i>	
<b>Boquerones</b>	£5.45
<i>Whitebait coated in breadcrumbs, deep fried.</i>	
<b>Alitas de Pollo PiriPiri</b>	£4.95
<i>Marinated chicken wings, spiced with chillies, garlic, parsley &amp; herbs.</i>	
<b>Datiles Salads</b>	£5.45
<i>Fresh dates wrapped in smoked bacon and char-grilled, served on a mixed leaf salad.</i>	
<b>Pastinacas Fritas V</b>	£3.45
<i>Deep fried parsnip crisps with a chilli tomato sauce.</i>	
<b>Champinones Poco Poco</b>	£4.45
<i>Stuffed mushroom with ham &amp; cheese.</i>	
<b>Chorizo Espanol</b>	£5.95
<i>Spicy Spanish sausage, pan fried with potatoes in a tomato sauce.</i>	
<b>Ensalada de Queijo &amp; Tomate</b>	£4.95
<i>Tomato &amp; mozzarella slices with fresh pesto</i>	
<b>Breads V</b>	
- Bruschetta - £3.25	
- Pan Con Ajo - £2.45	
- El Pan Con Salsa - £2.50	

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## STARTERS

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Soup of the day

Garlic mushrooms

Homemade fishcakes

Spanish meatballs

Mussels in white wine & garlic

Spicy chicken wings

Duck & Orange Pate with toast

## MAINS

All mains come with a choice of sauté potatoes or chips

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Sirloin Steak with creamy pepper sauce

Pork loin in red wine & mushroom

Turkey in garlic & chilli

Chicken in mushroom & cream

Steak & Chorizo Kebab with roasted vegetables

Chicken in tomato & chorizo

Cod in lemon & herb

Salmon in sundried tomato

Whole rainbow trout

Trio of fish in tomato

Fusilli Pasta **V**

Mushroom stroganoff **V**



## LUNCH SPECIALS

MON - SAT

STARTER & MAIN

£10.95

MAIN & DESSERT

£11.95

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## STARTERS

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Soup of the day

Garlic mushrooms

Homemade fishcakes

Spanish meatballs

Mussels in white wine & garlic

Spicy chicken wings

Duck & Orange Pate with toast

Crispy fish goujons

## MAINS

All mains come with a choice of sauté potatoes or chips

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Sirloin Steak with creamy pepper sauce

Pork loin in red wine & mushroom

Turkey in garlic & chilli

Chicken in cream & bacon

Lamb Kebab with roasted vegetables

Chicken in creamy pepper sauce

Deep fried cod

Salmon in garlic & prawns

Whole rainbow trout

Fusilli Pasta **V**

Mushroom stroganoff **V**



## EVENING SPECIALS

MON - THU

STARTER & MAIN

£12.95

MAIN & DESSERT

£13.95

3 COURSES

£15.95

Certain dishes may contain traces of nuts

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